

COMMUNITY SUPPORT GROUPS

Hilo Medical Center's mission is to improve our community's health through exceptional and compassionate care. One of the ways we demonstrate our mission is through our community support groups. Please join us if you or someone you love is living with diabetes, COPD or ostomy or is a survivor of rat lungworm disease or a stroke.

COPD SUPPORT GROUP

Chronic obstructive pulmonary disease (COPD) is a progressive lung disease that over time makes it hard to breathe.

- Where:** Hilo Medical Center's Learning Center, second floor, 1190 Waianuenue Avenue
When: 4:30-5:30 pm, Third Monday of the month
Why: To gather and support individuals living with COPD and their caregivers.

For more information, contact Director of Public Affairs,
Elena Cabatu ecabatu@hhsc.org or 932-3160.

DIABETES SUPPORT GROUP

- Where:** Hilo Medical Center's Learning Center, second floor, 1190 Waianuenue Avenue
When: 4:00 pm, first Tuesday of the month
Why: To gather and support individuals living with Diabetes and their caregivers.

For more information, contact: Diabetes Educator,
Colleen Talich, ctalich@hhsc.org at 932-3034.

OSTOMY SUPPORT GROUP

- Where:** Hilo Medical Center's Cafeteria, ground floor, 1190 Waianuenue Avenue
When: 11:30 am-12:30 pm, third Saturday of the month
Why: To gather and support individuals living with ostomy and their caregivers.

For more information, contact Sandy Wright at 339-7640.

RAT LUNGWORM DISEASE SUPPORT GROUP

- Where:** Keaau Community Center at 16-186 Pili Mua St, Keaau, HI 96749
When: 4:00-6:00 pm, second Wednesday of the month
Why: To gather and support survivors of Rat Lungworm Disease and their caregivers.

For more information, contact Director of Public Affairs,
Elena Cabatu ecabatu@hhsc.org or 932-3160.

STROKE SUPPORT GROUP

- Where:** Hilo Medical Center's Learning Center, second floor, 1190 Waianuenue Avenue
When: 4:00 pm, second Tuesday of the month
Why: To gather and support stroke survivors and their caregivers.

For more information, contact: Speech Language Pathologist,
Amy Shipley ashipley@hhsc.org at 932-3049.