



Kū Makani

The Hawai'i Resiliency Project

Our Mission

Aloha, we are "Ku Makani" The Hawaii Resilience Project. Our mission is to connect our community members with free and anonymous services during this stressful time. CCP is geared to provide outreach, emotional support and local resources for everyone, including keiki, who has been affected directly or indirectly by COVID-19.

What We Can Help With

- We have multilingual counselors available.
- Understanding, managing, and reducing stress
- Developing coping strategies
- Connections to community resources and other relief resources
- Providing education and information to address challenges of COVID-19

Who We Support and How

We are here to support community members who experienced hardships such as loss of a job, home, loved ones and education. We also support anyone experiencing isolation and distance from family or friends. We are here to provide services thru telephone and virtual meetings for individuals and groups via Zoom, Face time, and Google Duo.

WE ARE HERE TO SERVE and SUPPORT!

- Individuals
- Organizations
- Families
- Children
- Seniors

OUR CORE VALUES

STRENGTH BASED

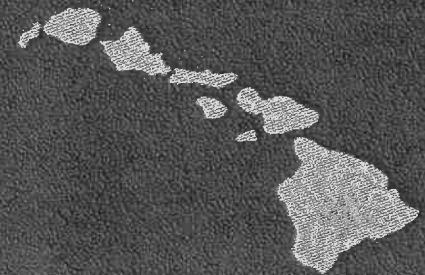
To empower you to help support the COVID-19 recovery

OUTREACH STATEWIDE

Providing services to community members who were affected

STRENGTHEN COMMUNITY SUPPORT SYSTEMS

To build our existing community systems with education, training, and resources



1-800-753-6879

Ask for a COVID Crisis Counselor for more information

Monday-Friday

4pm to 9pm

Sunday and Saturday

9am to 9pm

**891 Ululani St. Hilo
HI 96720**

Crisis Counseling Program

Mon – Fri 4pm – 9pm

Sat & Sun 9am – 9pm

Hawaii Cares Statewide

1- 800 – 753 - 6879

(Ask for a COVID Crisis Counselor)

891 Ululani St

Hilo, HI 96720



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FAX COVER SHEET

DATE: 1/23/21

TO: Hmc SWdept

FAX#: (808) 974-6773

FROM: Sara Melendez

TOTAL PAGES: 2

We are a multilingual warm line devoted to those affected by Covid that people of all ages can call to ask about state-wide resources and receive supportive counseling.

Please feel free to distribute the attached flyer to your office staff and people you serve.

We are here to HELP!