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## SKIN CARE

- Moisturize treatment area often. Dr. Wilcox and Dr. Gerner recommends Keri<sup>®</sup>, Lubriderm<sup>®</sup> or Calendula lotion, Coconut oil and Aloe Vera gel (store bought not from the plant). If this is the first time using any of these products, use on a small area for a few days to check for any possible reaction or allergies.
- Please refrain from using any of these lotions two hours prior to radiation treatment.
- During radiation treatments your skin may get itchy please do not scratch. You may use 1% Hydrocortisone cream (generic brand is fine) on the affected area.
- As your treatment progresses, your skin reaction may worsen. Aquaphor<sup>®</sup> and Neosporin<sup>®</sup> may be needed. The radiation therapists will monitor your skin daily and inform the radiation oncologist of any changes.
- Avoid sun exposure to the affected area during radiation treatments.